SB Corporate Fall/Winter Menu 2026-27 - Week 1

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Assorted Juice	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**
Oatmeal	**Cream of Wheat**	**Cinnamon Oatmeal**	**Cream of Wheat**	**Oatbran Cereal**	**Cream of Wheat**	**Cinnamon Oatmeal**
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Hard Boiled Egg	**Poached Eggs**	**Scrambled Eggs**	**Hard Boiled Egg**	**Poached Eggs**	**Scrambled Eggs**	**Hard Boiled Egg**
Cottage Cheese Bowl	Assorted Greek Yogurt	Peanut Butter	Cheddar Cheese Slice	Peanut Butter	Cottage Cheese Bowl	Cream Cheese
Raisin Toast	**Whole Wheat Toast**	**Whole Wheat Toast**	**Toasted English Muffin**	**Whole Wheat Toast**	**Whole Wheat Toast**	**Bacon Strips**
Mini Croissant	Carrot Muffin	Texas French Toast	Bran Muffin	**Banana Half**	Mini Pancakes Bites	Whole Wheat Toast
Banana Half	**Sliced Strawberries**	**Chilled Peach Slices**	**Fruit Cocktail**	**Brown Sugar**	**Blueberries**	**Cantaloupe Chunks**
Jelly/Jam	**Brown Sugar**	**Jelly/Jam**	**Brown Sugar**	**Jelly/Jam**	**Jelly/Jam**	**Brown Sugar**
Brown Sugar	**Jelly/Jam**	**Brown Sugar**	**Jelly/Jam**	**Margarine**	**Brown Sugar**	**Jelly/Jam**
Margarine	**Margarine**	**Margarine**	**Margarine**	**2% Milk**	**Margarine**	**Margarine**
2% Milk	**2% Milk**	Syrup	**2% Milk**	**Coffee or Tea**	Syrup	**2% Milk**
Coffee or Tea	**Coffee or Tea**	**2% Milk**	**Coffee or Tea**	**Water**	**2% Milk**	**Coffee or Tea**
Water	**Water**	**Coffee or Tea**	**Water**		**Coffee or Tea**	**Water**
		Water			**Water**	
LUNCH						
Unsalted Soda Crackers	**Unsalted Soda Crackers**	**Cream of Mushroom Soup**	**Unsalted Soda Crackers**	**Pasta e Fagioli Soup**	**Hearty Beef Soup with Lentils & Barley**	Tossed Salad & Italian Dressing
Butternut Squash Soup	**Cream of Tomato Soup**	**Unsalted Soda Crackers**	**Fall Harvest Soup**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Cream of Cauliflower Soup**
Panko Pollock Fingers	**Grilled Ham & Cheese Sndw on WW**	**Turkey Burger with Cranberry Mayo and Lettuce**	**Broccoli Cheddar Quiche**	**Sweet & Sour Chicken**	**Black Bean Chili with Pulled Pork**	**Unsalted Soda Crackers**
Vegetable Cheese Strata	Tuna Penne Bake	Southwest Beef	Oktoberfest Sausage on Bun	Egg Salad Sndw on Brioche Bun	Spaghetti with Turkey Bolognese	Crab Salad on Croissant
Ketchup	**Spinach Onion Salad**	Brown Rice	Black Bean Corn Salad	**Basmati Rice**	**Corn Muffin**	**Beef Tortellini w/Mushrooms and Spinach**
French Fries	Sauteed Garlic Mushrooms	**Pickled Beets**	**Sauteed Spinach**	**Asian Stir Fry Vegetables**	Caesar Salad	**Zucchini Medley**
Florentine Veg Mix	**Blueberries**	Broccoli Florets	Ketchup	Asian Cucumber Salad	**Sauteed Pepper & Onion**	**Strawberries**
Rainbow Coleslaw	Strawberry Ice Cream	**Pineapple Tidbits**	Mustard	**Chilled Apricots**	**Chilled Tropical Fruit**	Tiramisu Mousse
Tartar Sauce	**2% Milk**	Lemon Pudding	Pickle Relish	Vanilla Ice Cream	Chocolate Pudding	**2% Milk**
Hot Spiced Apples	**Coffee or Tea**	**2% Milk**	**Mandarin Oranges**	**2% Milk**	**2% Milk**	**Coffee or Tea**
Tangerine Mousse	**Water**	**Coffee or Tea**	Cherry Gelatin w/Whip	**Coffee or Tea**	**Coffee or Tea**	**Water**
2% Milk		**Water**	**2% Milk**	**Water**	**Water**	
Coffee or Tea			**Coffee or Tea**			
Water			**Water**			
DINNER						
Chicken Pot Pie	**Beef Stroganoff**	**Smokey Maple Pork Chop**	**Chicken Breast with Roasted Red Peppers & Spinach**	BBQ Pork Drummies	Resident's Choice	**Roast Turkey**
Meatloaf & Gravy	Montreal Spiced Chicken	Italian Rustic Cod	Steak & Mushroom Pot Pie	**Baked Haddock w/Dill Sauce**	**Veal Cutlet**	Country Sausage
Garlic Mashed Potatoes	**Buttered Egg Noodles**	Lemon Orzo Pasta	**Mashed Potatoes**	**Brown Rice**	**Mashed Potatoes**	**Brown Gravy**
Grilled Vegetables	Mashed Potatoes	**Mashed Potatoes**	**Roasted Asparagus**	Mashed Potatoes	Couscous	**Stuffing**
Broccoli Florets	**Zucchini Medley**	**Garlic Green Beans**	Dill Carrot Coins	**Romanesco Vegetables**	**Italian Mixed Vegetables**	Sweet Hickory BBQ Baked Beans
Maple Pudding Cake	California Vegetables	Sunrise Vegetables	**Lemon Meringue Pie**	Buttered Corn	Butternut Squash	**Sweet Balsamic Brussels Sprouts**
Cantaloupe Chunks	**Apple Brown Betty**	**Carrot Cake**	Chilled Apricots	**Lemon Juice**	**Double Chocolate Bundt Cake**	Roasted Root Vegetable Blend
2% Milk	Fruit Cocktail	Chilled Diced Pears	**2% Milk**	**Peach Cobbler**	Mango	**Pumpkin Pie**
Coffee or Tea	**2% Milk**	**2% Milk**	**Coffee or Tea**	Hot Spiced Apples	**2% Milk**	Pineapple Tidbits
Water	**Coffee or Tea**	**Coffee or Tea**	**Water**	**2% Milk**	**Coffee or Tea**	**2% Milk**
	Water	**Water**		**Coffee or Tea**	**Water**	**Coffee or Tea**
				Water		**Water**

SOUTHBRIDGE CARE HOMES

SB Corporate Fall/Winter Menu 2026-27 - Week 2

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Assorted Juice	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**
Oatbran Cereal	**Oatmeal**	**Cream of Wheat**	**Cinnamon Oatmeal**	**Oatbran Cereal**	**Oatmeal**	**Cream of Wheat**
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Poached Eggs	**Scrambled Eggs**	**Hard Boiled Egg**	**Poached Eggs**	**Scrambled Eggs**	**Poached Eggs**	**Hard Boiled Egg**
Cottage Cheese Bowl	Assorted Greek Yogurt	Peanut Butter	Cheddar Cheese Slice	Peanut Butter	Cottage Cheese Bowl	Cream Cheese
Whole Wheat Toast	**Whole Wheat Toast**	**Whole Wheat Toast**	**Raisin Toast**	**Toasted English Muffin**	**Whole Wheat Toast**	**Bacon Strips**
Bran Muffin	**Banana Half**	Mini Pancakes Bites	Carrot Muffin	Mini Croissant	Texas French Toast	Whole Wheat Toast
Fruit Cocktail	**Jelly/Jam**	**Sliced Strawberries**	**Mandarin Oranges**	**Honeydew Melon**	**Banana Half**	**Cantaloupe Chunks**
Jelly/Jam	**Brown Sugar**	**Jelly/Jam**	**Brown Sugar**	**Brown Sugar**	**Jelly/Jam**	**Jelly/Jam**
Brown Sugar	**Margarine**	**Brown Sugar**	**Jelly/Jam**	**Jelly/Jam**	**Brown Sugar**	**Brown Sugar**
Margarine	**2% Milk**	**Margarine**	**Margarine**	**Margarine**	**Margarine**	**Margarine**
2% Milk	**Coffee or Tea**	Syrup	**2% Milk**	**2% Milk**	Syrup	**2% Milk**
Coffee or Tea	**Water**	**2% Milk**	**Coffee or Tea**	**Coffee or Tea**	**2% Milk**	**Coffee or Tea**
Water		**Coffee or Tea**	**Water**	**Water**	**Coffee or Tea**	**Water**
		Water			**Water**	
LUNCH						
Unsalted Soda Crackers	**Corn Chowder**	**Turkey Vegetable Soup**	**Potato & Leek Soup**	**French Canadian Pea Soup**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**
Vegetable Barley Soup	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Garden Vegetable Soup**	**Broccoli Cheese Soup**
Salmon Burger on Potato Bun	**Pork Vegetable Stir Fry**	Egg Salad on Wheat	Philly Cheese & Steak Sandwich	**Pepperoni Pizza**	**Peameal & Cheddar Sandwich on Croissant**	**Sausage & Potato Frittata**
Deli Meat Salad Plate	Chicken Wings Boneless	**Tuscan Turkey Meatballs**	**Salmon a la King**	Chicken Dumplings	Vegetarian Chili	Salmon Salad on WW
Tartar Sauce	**Basmati Rice**	**Lemon Orzo Pasta**	**Couscous**	Soy Sauce	Corn Muffin	**Tea Biscuit**
Rainbow Coleslaw	Spinach Onion Salad	Greek Salad	**Peas & Carrots**	**Caesar Salad**	**Tomato & Cucumber Salad**	**Green Beans**
Chilled Diced Pears	Garlic Bread	**California Vegetables**	Caesar Salad	Asian Vegetables	Brussels Sprouts	Tossed Salad & Italian Dressing
Ice Cream Sandwich	**Chilled Tropical Fruit**	**Pineapple Tidbits**	**Chilled Diced Peaches**	**Blueberries**	**Chilled Diced Pears**	**Chilled Tropical Fruit**
2% Milk	Butterscotch Pudding	Neapolitan Ice Cream	Lemon Gelatin	Peach Passion Mousse	Banana Pudding	Orange Sherbet
Coffee or Tea	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**
Water	**Coffee or Tea**	**Coffee or Tea**	**Coffee or Tea**	**Coffee or Tea**	**Coffee or Tea**	**Coffee or Tea**
	Water	**Water**	**Water**	**Water**	**Water**	**Water**
DINNER						
Beef Steakette Cacciatore	**Fish Cakes**	**Pork Meatloaf**	Sausage Penne Bake	**Battered Cod**	**Turkey Shepherd's Pie**	**Roast Beef**
Baked Chicken with Chalet Sauce	Beef Ragout	Lemon Herb Pollock	**Sticky Chicken Thigh**	Gnocchi w/ Beef & Mushroom in Creamy Garlic Sauce	Spanish Beef Rice	Turkey Schnitzel
Beef Gravy	**Red Pepper Aioli**	**Roasted Yukon Potatoes**	**Jasmine Rice**	**Tartar Sauce**	**Poultry Gravy**	**Brown Gravy**
Mini Rosemary Roasted Potatoes	**Cilantro Lime Jasmine Rice**	Brown Rice	**Edamame**	**French Fries**	**Italian Mixed Vegetables**	Basmati Rice
Herb Focaccia Bread	Garlic Mashed Potatoes	**Grilled Eggplant**	Parslied Cauliflower	**Green Peas**	Zucchini Medley	**Parslied Mini Red Potatoes**
Broccoli Florets	Romanesco Vegetables	Parsley Carrots	**Mango Mousse Cake**	Butternut Squash	**Gingerbread Cream Cheese Bundt Cake**	**Roasted Root Vegetable Blend**
Butternut Squash	**Asparagus Spears**	**Maple Avalanche Cake**	Chilled Apricots	**Ketchup**	Strawberries	Broccoli Florets
Toffee Pudding Cake	**Banana Cream Pie**	Hot Spiced Apples	**2% Milk**	**Rice Pudding**	**2% Milk**	**Strawberry Rhubarb Pie**
Mandarin Oranges	Mango	**2% Milk**	**Coffee or Tea**	Fruit Cocktail	**Coffee or Tea**	Honeydew Melon
2% Milk	**2% Milk**	**Coffee or Tea**	**Water**	**2% Milk**	**Water**	**2% Milk**
Coffee or Tea	**Coffee or Tea**	**Water**		**Coffee or Tea**		**Coffee or Tea**
Water	**Water**			**Water**		**Water**

SOUTHBRIDGE CARE HOMES

SB Corporate Fall/Winter Menu 2026-27 - Week 3

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Assorted Juice	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**	**Assorted Juice**
Cinnamon Oatmeal	**Oatbran Cereal**	**Oatmeal**	**Cream of Wheat**	**Cinnamon Oatmeal**	**Oatbran Cereal**	**Cream of Wheat**
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Scrambled Eggs	**Poached Eggs**	**Hard Boiled Egg**	**Scrambled Eggs**	**Poached Eggs**	**Cheese Omelette**	**Poached Eggs**
Cottage Cheese Bowl	Assorted Greek Yogurt	Peanut Butter	Cheddar Cheese Slice	Cheddar Cheese Slice	Cottage Cheese Bowl	**Bacon Strips**
Whole Wheat Toast	**Raisin Toast**	**Toasted English Muffin**	**Whole Wheat Toast**	**Whole Wheat Toast**	**Whole Wheat Toast**	Cream Cheese
Blueberries	Bran Muffin	Whole Wheat Toast	Banana Muffin	Waffles	Mini Croissant	**Whole Wheat Toast**
Jelly/Jam	**Banana Half**	**Fruit Cocktail**	**Mandarin Oranges**	**Honeydew Melon**	**Banana Half**	**Blueberries**
Brown Sugar	**Brown Sugar**	**Brown Sugar**	**Jelly/Jam**	**Brown Sugar**	**Jelly/Jam**	**Brown Sugar**
Margarine	**Jelly/Jam**	**Jelly/Jam**	**Brown Sugar**	**Jelly/Jam**	**Brown Sugar**	**Jelly/Jam**
2% Milk	**Margarine**	**Margarine**	**Margarine**	**Margarine**	**Margarine**	**Margarine**
Coffee or Tea	**2% Milk**	Syrup	**2% Milk**	Syrup	**2% Milk**	**2% Milk**
Water	**Coffee or Tea**	**2% Milk**	**Coffee or Tea**	**2% Milk**	**Coffee or Tea**	**Coffee or Tea**
	Water	**Coffee or Tea**	**Water**	**Coffee or Tea**	**Water**	**Water**
		Water		**Water**		
LUNCH						
Unsalted Soda Crackers	**Tuscan White Bean & Kale Soup**	**Vegetable Barley Soup**	**Italian Wedding Soup**	**Creamy Vegetable Soup**	**Minestrone Soup**	**Cream of Vegetable Chowder**
Tomato Herb Florentine Soup	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**	**Unsalted Soda Crackers**
BBQ Glazed Pork Ribette	**Meat Lasagna**	**Breaded Chicken Strips**	Pizza of Choice	**Mini Perogies w/Bacon**	**Cheese Stuffed Manicotti w/Tomato Basil Sc**	**Hot Hamburger Sandwich w/Gravy**
Honey Balsamic Salmon	Turkey w/Lettuce on Whole Wheat	Macaroni & Cheese	**Tuna Melt on WW**	Butter Chicken	Roast Beef & Cheddar Sndw on WW	Cottage Cheese & Fruit Plate
Sweet Hickory BBQ Baked Beans	**Italian Mixed Vegetables**	**Plum Sauce**	**Pickled Beets**	**Sour Cream**	**Stir Fried Peppers & Onions**	Bran Muffin
White Dinner Roll	Caesar Salad	**Tator Tots**	Tomato & Cucumber Salad	Basmati Rice	Rainbow Coleslaw	**Peas & Carrots**
Romanesco Vegetables	**Pineapple Tidbits**	**Creamy Coleslaw**	**Chilled Tropical Fruit**	**Tossed Salad & Italian Dressing**	**Fruit Cocktail**	**Chilled Diced Pears**
Winter Salad SGP	Chocolate Mousse	Stewed Tomatoes	Vanilla Pudding	Green Peas	Mocha Pudding	Tangerine Mousse
Mandarin Oranges	**2% Milk**	**Chilled Diced Peaches**	**2% Milk**	**Pineapple Tidbits**	**2% Milk**	**2% Milk**
Berries Romanoff	**Coffee or Tea**	Butterscotch Ripple Ice Cream	**Coffee or Tea**	Lime Gelatin	**Coffee or Tea**	**Coffee or Tea**
2% Milk	**Water**	**2% Milk**	**Water**	**2% Milk**	**Water**	**Water**
Coffee or Tea		**Coffee or Tea**		**Coffee or Tea**		
Water		**Water**		**Water**		
DINNER						
Creamy Tuscan Turkey	**Lemon Pepper Sole**	**Sweet Dijon Glazed Ham**	Coconut Curry Chicken	**Old Bay Salmon**	Pork Bacon Wrapped Medallion	**Herbed Pork Roast**
BBQ Beef Brisket	Shanghai Pork Noodle Bowl	Cheese Herb Fish	**Braised Beef in Yorkshire**	Corned Beef Casserole	**Chicken Parmesan**	Country Style Fried Chicken
Garlic Mashed Potatoes	**O'Brien Potatoes**	**Scalloped Potatoes**	**Oven-Browned Potatoes**	**Lemon Dill Sauce**	**Tomato Sauce**	**G-F Onion Gravy**
Potato Salad	**Green Peas**	Rice Pilaf	Jasmine Rice	**Mini Roasted Potatoes w/Dill**	Brown Gravy	**Mashed Potatoes**
Green Beans	Asian Vegetables	**Brussels Sprouts**	**Roasted Root Vegetable Blend**	Sauerkraut	Garlic Whipped Potatoes	Baked Potato Wedges
Candied Carrots	**Lemon Juice**	Fall Medley Vegetables	Zucchini Medley	**Asparagus Spears**	**Herb Focaccia Bread**	**Fall Medley Vegetables**
Tiramisu Cake	**Cherry Pie**	**Buttertart Square**	**Peach Sour Cream Pie**	**Chocolate Cream Mint Pie**	**Italian Mixed Vegetables**	Steamed Broccoli
Mango	Chilled Apricots	Chilled Diced Pears	Hot Spiced Apples	Strawberries & Topping	Corn Cobbette	**Dutch Apple Pie**
2% Milk	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**Portuguese Custard Tart**	Chilled Tropical Fruit
Coffee or Tea	**Coffee or Tea**	**Coffee or Tea**	**Coffee or Tea**	**Coffee or Tea**	Chilled Diced Peaches	**2% Milk**
Water	**Water**	**Water**	**Water**	**Water**	**2% Milk**	**Coffee or Tea**
					Coffee or Tea	**Water**
					Water	

SOUTHBRIDGE CARE HOMES