Grapevine Gazette January

"You are never too old to set another goal or to dream a new dream." ~ Les Brov

As we enter cold and flu season, we ask that you please ensure you are practicing regular **hand hygiene** and be mindful if you are feeling under the weather.

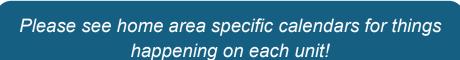
Thank You for your continual support in keeping our home safe!



The holidays are now behind,
January gives us peace of mind.
A time to breathe, a time to slow,
And let our thoughts and hopes still grow.

The busy days have come to rest, This quiet time can be our best. It's in the calm we start anew, Reflect, recharge, and find our view.

Poet: Catherine Pulsifer



We hope you enjoy our programs @!

Residents Council/ Food Committee Meeting – January 16<sup>th</sup> 10:30am

Country Store January 9<sup>th</sup> & 23<sup>rd</sup> 1:00pm

## **International Days to Celebrate**

January 5<sup>th</sup> - National Whipped Cream Day

January 22<sup>nd</sup> – Bell Lets Talk Day

January 23<sup>rd</sup> – National Pie Day

January 24<sup>th</sup> – National Fun at Work day

January 31<sup>st</sup> – National Hot Chocolate Day



January 23<sup>rd</sup> & 30<sup>th</sup> Our kitchen staff and Recreation team are banding together to provide a beautiful gourmet brunch for a limited number of Residents. It will be available on a sign-up basis if requirements are met!



## Menu:

5 Alive Virgin Mimosa

Citrus juice, raspberries, champaign

Quiche Lorraine Salad

Egg tart, prosciutto, apple, fried shallots, gruyere crisp, mixed greens, sherry vinaigrette, aioli

## Gravlax Eggs Benedict:

Smoked Salmon, crumpet, poached egg, truffle hollandaise, dill, chive hashbrowns, charred tomato

## Nutella French Toast

Banana bread, hazelnut mascarpone cream, 5 spice crumble, banana compote, dark chocolate syrup

Please see Rylie Opas – Programs Manager for inquiries and/or to sign up (3)



