


























July 1st Floor



SOUTHBRIDGE
CARE HOMES
Creating Caring Environments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2:00 CANADA DAY SOCIAL (GP) 1 6:00 Computer Fun (1F) CANADA DAY	10:00 Fun In Motion (1F) 2 2:00 Card Bingo (1F) 3:30 Massages in the Garden (1F) 6:00 Horse Shoes in the Garden (CHA) 6:30 Movie Night (1F)	9:30 Garden Walks (HG) 3 10:30 Ball Exercise (GP) 2:00 Frank Sinatra Sing-a-Long (GP) 2:00 Ring Toss in Champlain Garden (1F) 3:30 Plant Care in Champlain and Heritage Gardens (1F) 6:30 Activities on the Go (1F)	10:00 Pampered Spa (1F) 4 10:00 Massages (1F) 11:00 Friendly Visits (1F) 2:00 Ice Cream & Music In The Garden (CG) 3:00 Neighborhood Walks (1F)	10:00 Ball Exercises in Heritage Garden (1F) 5 11:00 Montessori Based Programming for Dementia (1F) 2:00 Watermelon Snack in Champlain Garden (1F) 2:00 Nature Walks (NBR) 3:00 Word Game (1F)	9:30 Garden Care (1F) 6 10:00 Coloring club (1F) 10:00 It's Puzzling (1F) 2:00 Game Show -- Jeopardy! (GP) 2:00 Sing-A-Long (1F)
10:30 Hymn Sing (GP) 7 2:00 Afternoon Garden Walks (CG) 2:00 Summer Colouring (1F) 	10:00 Chit Chat with Cathy (1F) 8 2:00 Tea Time and Muffins (1F) 3:30 Garden Walks (1F) 6:30 Activities on the Go (1F)	10:00 Balloon Toss (1F) 9 11:00 Friendly Visits in Heritage Garden (1F) 1:30 Furry Friends! (CG) 2:00 Bingo (1F) 2:00 Painting with Love (GP) 3:00 Plant Care (1F) 6:00 Card Bingo (GP) 6:00 Computer Fun (1F)	9:30 Garden Care (1F) 10 10:30 Massages (1F) 2:00 Ice Cream Social (CG) 6:00 Axe Throwing! (GP) 6:00 Activities On The Go (1F)	10:00 Room To Room Games (1F) 11 10:00 Computer Fun (1F) 11:00 Neighborhood Walks (1F) 1:00 Country Store (GP) 1:30 Boston Pizza Outing (sign up) (NBR) 2:00 Outing to DQ (1F) 6:00 Outdoor Walks (OD)	10:00 Tim Hortons Drive Through (GP) 12 2:00 Handbell Choir (GP) 6:30 Garden Walks (1F) 	10:00 Program Planning (1F) 13 10:00 Morning Trivia (1F) 2:00 Flyball (GP) 3:00 Friendly Visits (1F) 
10:30 Hymn Sing (GP) 14 2:00 Cribbage Club (GP) 2:00 Pina Coladas milkshakes in the Garden with Music (1F) 3:00 Garden Care (1F)	10:00 Chit Chat with Cathy (1F) 15 2:00 Music with Jamie Philip (GP) 2:00 Mind Fitness (1F) 6:00 Computer Fun (1F)	10:00 Fun In Motion (1F) 16 2:00 Card Bingo (1F) 3:30 Computer Fun (1F) 6:30 Neighbourhood Walks (1F)	10:30 Catholic Church Service (GP) 17 2:00 Lemonade Stand with Jack and Maddy (GP) 2:00 Room To Room Muffins (1F) 2:00 Neighbourhood Walks (1F) 6:30 Creative Arts Rock Painting Bumble Bees (1F)	10:00 Parachute Fun (1F) 18 10:30 Resident Council/Food Committee Meeting (GP) 10:30 Massages (1F) 2:00 Jackpot Bingo with Bob (GP) 10:30 Garden Walks (1F)	10:00 Pampered Spa (1F) 19 11:00 Foot Massages in Heritage Garden (1F) 2:00 Pool Fun (1F) 3:00 Garden Walks (1F)	10:00 Room To Room Games (1F) 20 11:00 Dining Buddies (1F) 2:00 Music and Freezies in the Garden (CG) 2:00 Neighbourhood Walks (NBR)
10:00 Room to Room Ipad Games (1F) 21 10:30 Hymn Sing (GP) 2:00 Nature Appreciation Walk! (NBR) 2:00 Room To Room Muffins (1F)	9:30 Garden Care (1F) 22 10:00 Chit Chat with Cathy (1F) 10:00 Mind Fitness (1F) 11:00 Getting to Know You (1F) 2:00 Garden Spa (1F) 3:30 Activities on the Go (1F)	10:00 Stories in the Garden (1F) 23 2:00 Bingo (1F) 6:00 Campfire (CG) 6:00 Computer Fun (1F) 	10:30 Balloon Toss (1F) 24 2:00 Music with Sherry (WB) 3:00 Foot Massages in Champlain Garden (1F) 6:00 Activities On The Go (1F)	10:00 Specialty Coffee/Tea (1F) 25 10:00 Garden Care (1F) 11:00 Folding Laundry (1F) 1:00 Country Store (GP) 2:00 Entertainment With Rusty Notes (GP)	9:00 Early Risers Walking Program (WB) 26 10:00 Fun In Motion (1F) 2:00 Handbell Choir (GP) 2:30 Specialty Coffee/Tea (1F) 3:00 Time to Smell the Roses (CG)	10:00 Current Events (1F) 27 11:00 Garden Walks (1F) 2:00 ice cream in the garden (CG) 2:00 Sundaes in the Sunshine with Tunes (1F)
10:30 Hymn Sing (GP) 28 2:00 Cribbage Club (GP) 2:00 Ring Toss in the Garden (1F) 	10:00 Chit Chat with Cathy (1F) 29 2:00 Garden Walks (OD) 2:00 Neighbourhood Walks (NBR) 5:00 Dining Buddies (1F) 6:00 Evening Garden Strolls (CHA) 6:00 Computer Fun (1F)	10:00 Fun In Motion (1F) 30 10:00 Hand Soaks (1F) 2:00 Card Bingo (1F) 3:00 Bird Watching in the Garden (1F)	11:00 Family BBQ (CG) 31 2:00 Hang Man (1F) 3:00 Laughter Therapy & Ice Tea in the Champlain Garden (1F)			Locations Legend 1st Floor (1F) Gathering Place (GP) Champlain Garden (CG) Neighbourhood (NBR) Champlain (CHA)         Outdoors (OD) gathering place (GP) Whole Building (WB) Heritage Garden (HG)









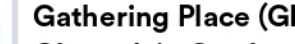











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>8:45 Dining Buddies (2FL) 1</p> <p>10:00 Calendar Delivery & Visits (2FL)</p> <p>2:00 CANADA DAY SOCIAL (GP)</p> <p>3:00 Friendly Visits (2FL)</p> 	<p>10:00 Activities on the Go (2FL) 2</p> <p>2:00 Walks & Talks Outside (GAR)</p> <p>2:30 Bowling on the Patio (PAT)</p>	<p>10:00 Montessori Programming (2FL) 3</p> <p>10:30 Ball Exercise (GP)</p> <p>2:00 Frank Sinatra Sing-a-Long (GP)</p> <p>2:00 Mini Putt! (CEL)</p> <p>6:00 Music on the Patio! (CELB)</p>	<p>10:00 Puzzles (2FL) 4</p> <p>2:00 Ice Cream & Music In The Garden (CG)</p> <p>2:00 Bingo with Bob! (2FL)</p> <p>3:30 Getting to Know You (2FL)</p> <p>6:00 Pampered Spa (2FL)</p>	<p>10:00 Fresh Air Walks (2FL) 5</p> <p>2:00 Room To Room Fun On The Ipad (2FL)</p> <p>5:00 Dining Buddies (2FL)</p> <p>6:00 Shuffleboard (2FL)</p>	<p>8:00 Finnish Pancakes (2FL) 6</p> <p>10:30 Neighbourhood Walks (2FL)</p> <p>2:00 Game Show -- Jeopardy! (GP)</p> <p>3:30 Friendly Visits (2FL)</p>
<p>8:00 Finnish Pancakes (2FL) 7</p> <p>10:30 Hymn Sing (GP)</p> <p>2:00 The Sunday Scrabblers (CEL)</p> <p>3:30 Fresh Air Walks (2FL)</p>	<p>10:00 Room To Room Specialty Iced Coffee (2FL) 8</p> <p>12:00 Dining Buddies (2FL)</p> <p>2:00 Bingo on 3rd Floor (3F)</p> <p>3:30 Life Advice with Josie (2FL)</p>	<p>10:00 Catch: Sticky Pads (2FL) 9</p> <p>2:00 Pet Visits With Remmy! (2FL)</p> <p>2:00 Room To Room Fun In Motion (2FL)</p> <p>2:00 Painting with Love (GP)</p> <p>6:00 Card Bingo (GP)</p>	<p>10:00 Tech Help! (ipads, phones, computers) (2FL) 10</p> <p>2:00 Ice Cream Social (CG)</p> <p>5:00 Dining Buddies (2FL)</p> <p>6:00 Axe Throwing! (GP)</p>	<p>10:00 Spill the Tea (PAT) 11</p> <p>1:00 Country Store (GP)</p> <p>2:00 Mind Over Matter (2FL)</p> <p>6:00 Colouring Crew (PRIM)</p> 	<p>10:00 Tim Hortons Drive Through (GP) 12</p> <p>2:00 Handbell Choir (GP)</p> <p>3:30 Friendly Visits (2FL)</p> <p>6:00 Floats on the Patio (2FL)</p>	<p>8:45 Dining Buddies (2FL) 13</p> <p>10:00 Nature Nook -- Music on the Patio (PAT)</p> <p>2:00 Bean Bag Toss On The Patio (PAT)</p> <p>3:30 Getting to Know You (2FL)</p>
<p>8:45 Dining Buddies (2FL) 14</p> <p>10:30 Hymn Sing (GP)</p> <p>2:00 Cribbage Club (GP)</p> <p>3:30 Garden Walks (2FL)</p> 	<p>8:45 Dining Buddies (2FL) 15</p> <p>10:00 Pampered Spa (2FL)</p> <p>2:00 Cards/Board Games (CEL)</p> <p>2:00 Music with Jamie Philip (GP)</p>	<p>8:45 Dining Buddies (2FL) 16</p> <p>10:00 Ball Exercise with Shubam (PRIM)</p> <p>2:30 Pie Time (PRIM)</p> <p>6:00 Sing A Long On The Patio (PAT)</p>	<p>10:00 Program Planning Meeting (2FL) 17</p> <p>10:30 Catholic Church Service (GP)</p> <p>2:00 Lemonade Stand with Jack and Maddy (GP)</p> <p>3:30 Getting to Know You (2FL)</p> <p>6:00 Hair Do's (2FL)</p>	<p>10:30 Resident Council/Food Committee Meeting (GP) 18</p> <p>2:00 Jackpot Bingo with Bob (GP)</p> <p>3:30 Friendly Visits (2FL)</p> <p>6:00 Planet Earth Movie Night (PRIM)</p>	<p>10:00 Room To Room Hymns (2FL) 19</p> <p>2:00 Room To Room Fun In Motion (2FL)</p> <p>3:30 Patio Friendly Visits (2FL)</p> <p>6:00 Curling (2FL)</p>	<p>8:45 Dining Buddies (2FL) 20</p> <p>10:00 Summer Craft Butterfly Suncatchers (CEL)</p> <p>2:00 Music and Freezies in the Garden (CG)</p> <p>3:30 Friendly Visits On The Patio (2FL)</p>
<p>8:45 Dining Buddies (2FL) 21</p> <p>10:30 Hymn Sing (GP)</p> <p>2:00 The Sunday Scrabblers (CEL)</p> <p>3:30 Getting to Know You (2FL)</p>	<p>10:00 Colouring Crew with Cal and Millie (CEL) 22</p> <p>12:00 Dining Buddies (2FL)</p> <p>2:00 Bingo on 3rd Floor (3F)</p> <p>3:30 Friendly Visits (2FL)</p>	<p>8:45 Dining Buddies (2FL) 23</p> <p>10:00 Room To Room Hymns (2FL)</p> <p>2:00 Room To Room Specialty Coffee (2FL)</p> <p>2:00 Tech Help! (ipads, phones, computers) (2FL)</p> <p>6:00 Campfire (CG)</p>	<p>8:45 Dining Buddies (2FL) 24</p> <p>10:00 Patio Care (2FL)</p> <p>2:00 Music with Sherry (WB)</p> <p>3:30 Fresh Air Walks (2FL)</p>	<p>10:00 Friendly Visits (2FL) 25</p> <p>1:00 Country Store (GP)</p> <p>2:00 Entertainment With Rusty Notes (GP)</p> <p>2:30 Twist and Shout 50's Diner! (CEL)</p> <p>6:30 Karaoke Night (CEL)</p>	<p>10:00 Current Events (2FL) 26</p> <p>2:00 Handbell Choir (GP)</p> <p>3:30 Computer Fun (2FL)</p> <p>6:00 Carnival Cups (PRIM)</p>	<p>8:45 Dining Buddies (2FL) 27</p> <p>10:00 Nature Nook: Current Events On The Patio (PAT)</p> <p>2:00 Guess The Flavour (2FL)</p> <p>3:30 Fresh Air Walks (2FL)</p>
<p>8:45 Dining Buddies (2FL) 28</p> <p>10:30 Hymn Sing (GP)</p> <p>2:00 Cribbage Club (GP)</p> <p>3:30 Friendly Visits (2FL)</p>	<p>8:45 Dining Buddies (2FL) 29</p> <p>10:00 Activities on the Go (2FL)</p> <p>2:00 Garden Walks (OD)</p> <p>3:30 Friendly Visits (2FL)</p>	<p>10:00 Balloon Badminton (CEL) 30</p> <p>11:00 Getting to Know You (2FL)</p> <p>2:30 Happy Hour On The Patio (PAT)</p> <p>6:00 Travelling Bird Visits (2FL)</p>	<p>11:00 Family BBQ (CG) 31</p> <p>2:30 Christmas In July (3F)</p> 		<p>Locations Legend</p> <p>2nd Floor (2FL)</p> <p>Gathering Place (GP)</p> <p>Celeste (CEL)</p> <p>2nd Floor Large Patio (PAT)</p> <p>Champlain Garden (CG)</p> <p>Primrose (PRIM)</p> 	<p>3rd Floor (3F)</p> <p>gathering place (GP)</p> <p>Garden Areas (GAR)</p> <p>Celeste Balcony (CELB)</p> <p>Whole Building (WB)</p> <p>Outdoors (OD)</p> 



July 3rd Floor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30 Balloon Toss (3F) 7 10:30 Hymn Sing (GP) 2:00 The Sunday Scrabblers (CEL) 2:00 Afternoon Garden Walks (CG)	10:00 Room to Room Bird Visits! (3F) 1 2:00 CANADA DAY SOCIAL (GP) 3:30 Ball Toss (3F) 6:00 Computer Fun! (3F) 1:00 Pampered Spa (CHE) 8 2:00 Bingo on 3rd Floor (3F) 5:00 Coffee with Colleen (CHE) 6:00 Tap Those Toes (CHE)	9:15 Budgie Love! (REN) 2 10:00 Jigsaw Puzzle (REN) 2:00 Calendar Planning Meeting (3F) 5:00 Coffee with Colleen (CHE) 10:00 Baking (REN) 9 10:00 Getting To Know You (REN) 1:30 Furry Friends! (CG) 2:00 Room to Room Treats (3F) 2:00 Painting with Love (GP) 6:00 Card Bingo (GP)	9:30 Garden Walks (HG) 3 10:30 Ball Exercise (GP) 2:00 Frank Sinatra Sing-a-Long (GP) 5:00 Coffee with Colleen (CHE) 6:00 Evening Coffee On The Patio (CHE) 9:30 Bird Visits (REN) 10 10:00 Summer Colouring (3F) 11:30 Coffee with Colleen (CHE) 2:00 Ice Cream Social (CG) 6:00 Axe Throwing! (GP)	9:00 Reminiscence Therapy (REN) 4 10:00 Colouring Nature (CHE) 2:00 Hand Massages (3F) 2:00 Ice Cream & Music In The Garden (CG) 3:30 Getting to Know You (3F) 9:30 Bird Visits (REN) 11 1:00 Country Store (GP) 1:30 Boston Pizza Outing (sign up) (NBR) 6:00 Outdoor Walks (OD) 	10:00 Morning stretches (3F) 5 10:30 Morning Stretches (3F) 11:30 Coffee with Colleen (CHE) 2:00 Nature Walks (NBR) 6:00 Music and Lemonade on the Patio (3F) 10:00 Tim Hortons Drive Through (GP) 12 11:30 Socializing (REN) 2:00 Handbell Choir (GP) 3:30 Balloon Toss (REN) 	9:15 Hear the Birds Sing! (REN) 6 10:00 Paint a PSW! (REN) 11:30 Coffee & Chit Chat (REN) 2:00 Game Show -- Jeopardy! (GP) 2:00 Patio Friends! (3FB) 10:00 Morning stretches (CHE) 13 10:30 Morning stretches (REN) 11:30 Coffee with Colleen (CHE) 2:00 Balloon Toss (CHE)
10:30 Hymn Sing (GP) 14 11:30 Coffee with Colleen (CHE) 2:00 Cribbage Club (GP) 3:00 Nature Walks (3F)	9:00 Dining Buddies (CHE) 15 10:00 Pick Your Favourite Song (REN) 2:00 Music with Jamie Philip (GP) 6:00 Men's Massages (3F) 	10:00 Morning Puzzle & Coffee (REN) 16 2:00 Weekday Watermelon (3FB) 5:00 Coffee with Colleen (CHE) 6:00 Painting Rocks (CHE)	10:30 Catholic Church Service (GP) 17 10:30 Nature Colouring (REN) 2:00 Lemonade Stand with Jack and Maddy (GP) 5:00 Coffee with Colleen (CHE) 6:00 Movie night (CHE)	10:30 Resident Council/Food Committee Meeting (GP) 18 10:30 Fabulous Senses - Aromatherapy (CHE) 11:30 Socializing (REN) 2:00 Jackpot Bingo with Bob (GP)	9:00 Bird Care/Visits (REN) 19 10:00 morning news (CHE) 2:00 Movie Time (CHE) 6:00 Movie Night and Snacks (3F)	9:00 Bird Care (REN) 20 10:00 Flavoured Coffees (3F) 11:30 Socializing (REN) 2:00 Horse Racing: A Live Game! (REN)
9:30 Balloon Toss (3F) 21 10:30 Hymn Sing (GP) 2:00 The Sunday Scrabblers (CEL) 2:00 Nature Appreciation Walk! (NBR)	1:00 Animal Pictures (CHE) 22 2:00 Bingo on 3rd Floor (3F) 5:00 Coffee with Colleen (CHE) 6:00 Tap Those Toes (CHE)	10:00 Baking (REN) 23 10:00 Hand Massages (REN) 2:00 Room to Room Treats (3F) 2:00 Tidy Troops (REN) 6:00 Campfire (CG)	10:00 Pampered Spa (REN) 24 11:30 Coffee with Colleen (CHE) 2:00 Music with Sherry (WB) 6:00 Sundown Songs (RP)	9:30 Remington the Jack Russell (3F) 25 1:00 Country Store (GP) 2:00 Entertainment With Rusty Notes (GP) 2:30 Twist and Shout 50's Diner! (CEL) 6:00 Specialty Coffees (3F)	9:00 Early Risers Walking Program (WB) 26 10:00 Fabulous Senses - Aromatherapy (REN) 11:30 Reminiscence Therapy (REN) 2:00 Handbell Choir (GP)	10:00 Morning stretches (CHE) 27 10:30 Morning stretches (REN) 2:00 ice cream in the garden (CG) 3:30 Friendly Visits 1:1 (CHE)
10:30 Hymn Sing (GP) 28 2:00 Cribbage Club (GP) 3:30 Balloon Toss (CHE)	10:00 Memory Games (REN) 29 2:00 Cards/Board Games (REN) 3:30 Getting to Know You (REN)	10:00 Pet Visits (3F) 30 2:00 Mural Painting (REN) 5:00 Coffee with Colleen (CHE) 6:00 Music and Snacks on the patio (3FB)	11:00 Family BBQ (CG) 31 2:30 Christmas In July (3F) 5:00 Coffee with Colleen (CHE) 6:00 Movie night (CHE)		Locations Legend <div><div> Renaissance (REN)</div><div> Cheshire (CHE)</div><div> 3rd Floor (3F)</div><div> Gathering Place (GP)</div><div> Champlain Garden (CG)</div><div> Neighbourhood (NBR)</div><div> 3rd Floor Balcony (3FB)</div><div> Celeste (CEL)</div><div> gathering place (GP)</div><div> Whole Building (WB)</div><div> Heritage Garden (HG)</div><div> Outdoors (OD)</div><div> Renaissance Patio (RP)</div></div>	